

IBCLCs in WIC: The Miami Example

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Photograph by Regina Roig-Romero



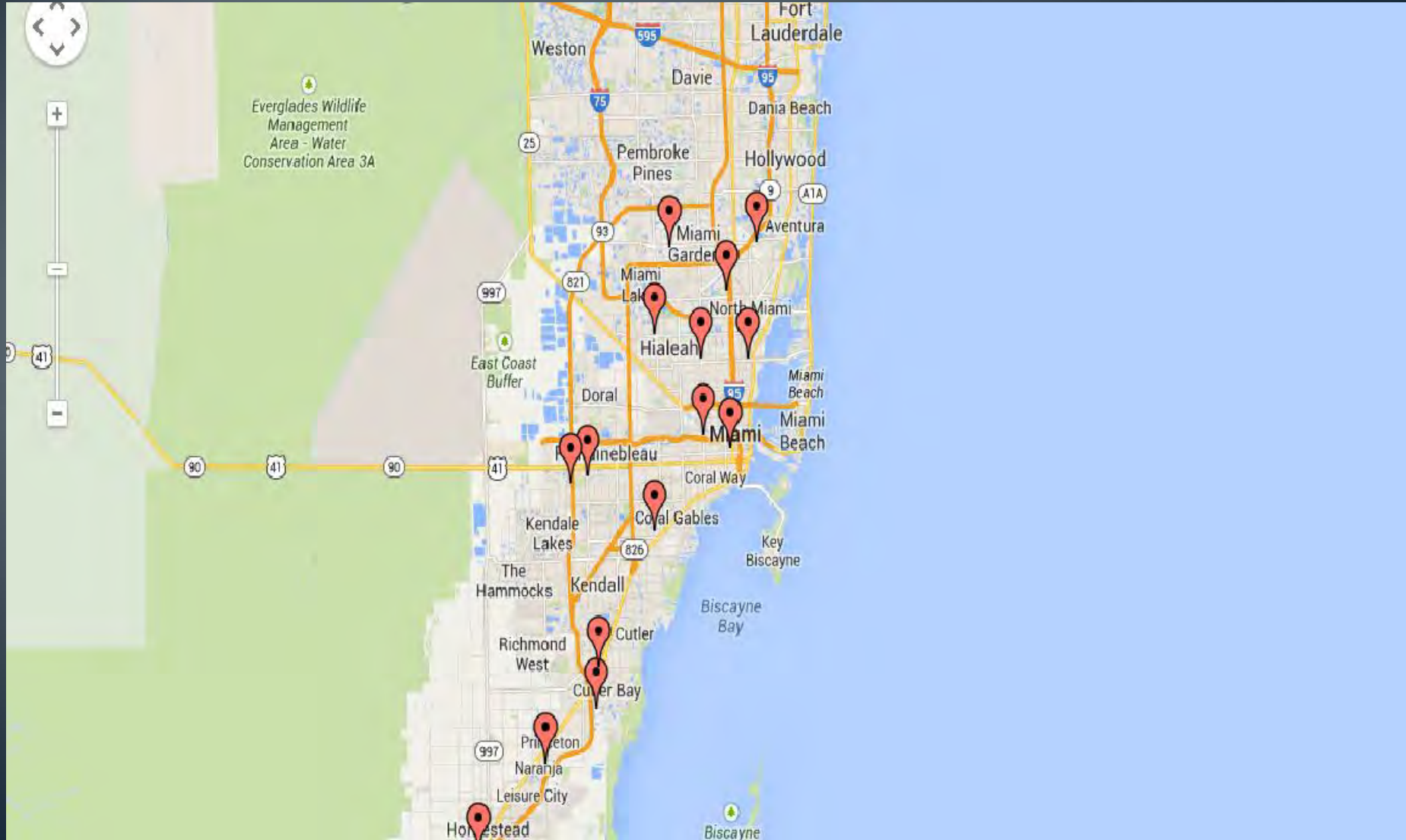
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Breastfeeding Support

- Breastfeeding Helpline (786) 336-1336
 - Nights, weekends, holidays
- Breastfeeding Peer Counselors in WIC Clinics
 - 11 currently on staff
- International Board Certified Lactation Consultants (IBCLC)
 - Free lactation consultations
- Breast Pump Loan Program
 - Work, school, or hospitalization

Florida Dept of Health in Miami-Dade County WIC Offices





IBCLC Consultations

- 4 full-time clinical IBCLCs + BF Coordinator IBCLC
- 700 IBCLC consultations in 2013
- Collectively average > 58 per month
- Typically neonatal period
- Equipment issuance as-needed
 - At-breast supplementers
 - Nipple shields
 - Short-term breast pump loans

IBCLC Consultations

- Wide range of problems:
 - Neonate not latching
 - Recently-discharged NICU graduates
 - Congenital conditions – heart, various syndromes
 - GERD
 - Sore nipples
 - Flat/inverted/retracting nipples
 - Perceived milk insufficiency
 - Slow weight gain/failure to thrive
 - Ankyloglossia
 - Breast reductions



Questions?

