

### **NATIONAL WIC ASSOCIATION**

## NUTRITION & BREASTFEEDING CONFERENCE

10:30 a.m 11:45 p.m.	Opening General Session #1 - Breastfeeding Through Times of Trauma
11:45 a.m 12:00 p.m.	Break
12:00 p.m 1:00 p.m.	Concurrent Session #1 - When Up is Down and Down is Up: Unrealistic Expectations, Lack of Breastfeeding Support and Risk Factors for Suboptimal Lactation
	Concurrent Session #2 - Supporting Breastfeeding Participants during COVID-19
	Concurrent Session #3 - Addressing the Allergen in the Room: Overcoming Barriers to Help Normalize Infant Feeding of Potential Allergens
	Concurrent Session #4 - Lessons Learned in North Carolina: Taking our BFPC Training (and others) Virtual
	Concurrent Session #5 - PROs and CONs of WIC in Discount Variety Stores
1:00 p.m 1:20 p.m.	Break
1:20 p.m 2:20 p.m.	Concurrent Session #6 - Red Alert Babies - What To Do When WIC Newborn Babies Have Lost Too Much Weight
	Concurrent Session #7 - The WIC Nutrition Assessment and Tailoring Study (WIC NATS): Study methods and details to know before data collection begins
	Concurrent Session #8 - The Retail and Legislative Shift to Cage-Free Eggs and Implications for WIC
	Concurrent Session #9 - Demystifying the International Board Certified Lactation Consultant® (IBCLC®) Certification
	Concurrent Session #10 - Serving Participants Where They Are
2:20 p.m 2:40 p.m.	Break
2:40 p.m 4:10 p.m.	General Session #2 - The Landscape of Infant and Maternal Mortality in the US
4:10 p.m 4:30 p.m.	Break
4:30 p.m 5:45 p.m.	Networking and Awards Reception
5:30 p.m. – 7:00 p.m.	Exhibit Hall Open

Virtual Annual Conference times are in Eastern Standard Time

# DAY

### AGENDA SEPTEMBER 10, 2020

## NATIONAL WIC ASSOCIATION NUTRITION & BREASTFEEDING CONFERENCE

8:00 a.m 8:30 a.m.	Exercise
9:00 a.m 10:30 a.m.	General Session #3 - The ABC's of Trauma Informed Care
10:30 a.m 11:10 a.m.	NWA Exhibitor Talks
11:10 a.m 11:30 a.m.	Break
11:30 a.m 12:30 p.m.	Concurrent Session #11 - Early Literacy for Growing Healthy Communities: Partnerships with Public Libraries
	Concurrent Session #12 - Understanding Eating Disorders: What to Know and What to Do
	Concurrent Session #13 - Plans for Grands: Engaging and Counseling Grandparents
	Concurrent Session #14 – The 2020 Census and The WIC Community
	Concurrent Session #15 - Outcomes of a Novel, Theory Based Farm-to-WIC Interventions
12:30 p.m 1:00 p.m.	Break
1:00 p.m 2:00 p.m.	Concurrent Session #16 – "Behind the Label" with FDA: The Updated Nutrition Facts Label  Concurrent Session #17 - Relationship between WIC Food Cost Containment Practices and Participant Satisfaction and Consumption  Concurrent Session #18 - Breastfeeding and WIC Participations: Evidence from National and State Data  Concurrent Session #19 - Counseling Techniques to Support Breastfeeding Mothers Who Use
	Formula  Concurrent Session #20 - I'm a WIC Baby - launching a new marketing campaign  Concurrent Session #21 – Breastfeeding Workers' Legal Rights: The New Paradigm
2:00 p.m 2:20 p.m.	Break
2:20 p.m 3:20 p.m.	Concurrent Session #22 - Now we are four! Findings at age four from the WIC Infant and Toddler Feeding Practices Study (WIC ITFPS-2)
	Concurrent Session #23 - A, B, C Adventures of New and Health Foods
	Concurrent Session #24 - Teaching Child Development to Extend Breastfeeding Duration
	Concurrent Session #25 - FNS Program updates
	Concurrent Session #26 - Using Technology to Extend Breastfeeding Support in Rural Areas
3:20 p.m 6:30 p.m.	Exhibit Hall Open and Oral Poster Presentation Sessions



8:00 a.m 8:30 a.m.	Exercise
9:00 a.m 12:00 p.m.	Exhibit Hall Open and Oral Poster Presentation Sessions
12:00 p.m 1:00 p.m.	Concurrent Session #27 - Making Virtual Training Successful in Maryland WIC
	Concurrent Session #28 - A Better Balance: The Work & Family Legal Center
	Concurrent Session #29 – WIC Breastfeeding Check-In
	Concurrent Session #30 - Environmental Racism is in the Water: What WIC Affiliates Need to Know
	Concurrent Session #31 - Cultural Considerations in Patient-Centered Care
1:00 p.m 1:20 p.m.	Break
1:20 p.m 2:20 p.m.	Concurrent Session #32 - Dietary Guidelines
	<b>Concurrent Session #33</b> - "There is Something Wrong on the Internet: Combatting inaccurate health information online"
	<b>Concurrent Session #34</b> - The Impact of Mother-Infant Separation Policies on Breastfeeding Families during the COVID-19 Pandemic
	Concurrent Session #35 - Associations Between WIC Site-Level Breastfeeding Support Practices and Breastfeeding Durations
	Concurrent Session #36 - Food Dignity® COVID-19 Era: Challenge the Stigma, Change the Culture
2:20 p.m 2:40 p.m.	Break
2:40 p.m 3:40 p.m.	Concurrent Session #37- Telemedicine in Practice for Breastfeeding Populations
	Concurrent Session #38 - Reaching Parents and Caregivers with Effective Messaging to Promote Healthy Beverages for Young Children
	Concurrent Session #39 - HAES/Racism and Weight Bias in US and WIC
	Concurrent Session #40 - Parent Engagement in Nutrition Services: A Critical Component in the Development of Healthy Eating Patterns
	Concurrent Session #41 - Synergy in Kansas: The Story of a Relationship Between a State WIC Agency & a State Breastfeeding Coalition
3:40 p.m 4:00 p.m.	Break
4:00 p.m 5:15 p.m.	Closing General Session #4 – Feeding FamiliesFueling the Future