

HOW WIC HELPS ILLINOIS



State WIC Director

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Mission of WIC

Assuring healthy pregnancies, birth outcomes, growth and development for mothers, babies, and young children to age 5 who are at nutritional risk. Providing nutritious supplemental foods, breastfeeding promotion and support, education on healthy eating, and referrals to healthcare and critical social services.



34% OF INFANTS BORN IN ILLINOIS PARTICIPATE IN WIC



36% OF ELIGIBLE INDIVIDUALS IN ILLINOIS PARTICIPATE IN WIC

WHO PARTICIPATES IN WIC IN ILLINOIS?

164,748
WIC PARTICIPANTS

Pregnant women.....	14,443
Breastfeeding women.....	13,857
Postpartum women.....	9,021
Infants.....	43,443
Children.....	83,984

BREASTFEEDING IN WIC

Illinois WIC breastfeeding initiation rates increased by **15 percent** between 2010 and 2020.



Among WIC infants who initiated breastfeeding in Illinois in 2020, **22 percent** continued breastfeeding at 6 months.



Fruit and Vegetable Benefit: Congress enhanced WIC's fruit and vegetable benefit to align with scientific recommendations. Current monthly benefit amounts are \$26 for children, \$47 for pregnant and postpartum participants, and \$52 for breastfeeding participants. In FY 2023, WIC provided an estimated **\$45.7M** in fruit and vegetable benefits to **121,305** participants in Illinois.

CHILDHOOD OBESITY IN WIC IN ILLINOIS

There was no significant change in the obesity rate among WIC toddlers in Illinois between 2010 and 2020.

Childhood obesity rate, WIC toddlers, 2020..... **15%**

MORTALITY AND BIRTH OUTCOMES IN ILLINOIS

Maternal mortality per 100,000 births, 2017-2021... **16.9**

Infant mortality per 1,000 live births, 2021..... **5.6**

Preterm birth rate, 2021..... **11%**

ILLINOIS WIC PARTICIPANT CHARACTERISTICS

\$18,074

AVERAGE FAMILY INCOME

82%

RECEIVED MEDICAID

\$53.63

AVERAGE MONTHLY FOOD COST IN FY 2023

HOW WIC SUPPORTED THE ILLINOIS ECONOMY IN FY 2023

\$106.0M

TO SPEND AT FOOD RETAILERS

\$50.3M

FORMULA REBATES RECEIVED

\$51.9M

NUTRITION, BREASTFEEDING SERVICES & ADMIN

Sources: WIC eligible individuals participating from USDA WIC Eligibility Estimates report for 2021 (<https://www.fns.usda.gov/wic/eligibility-and-program-reach-estimates-2021>). WIC participants and economic impact from USDA WIC Data Tables for fiscal year (FY) 2023 (<https://www.fns.usda.gov/pd/wic-program>) as of January 30, 2024. Participant characteristics for 2020 and WIC breastfeeding and rates for years displayed from USDA WIC Participant and Program Characteristics reports (<https://www.fns.usda.gov/wic/participant-program-characteristics-2020>). WIC fruit and vegetable benefit calculated as the sum of FY 2023 issuance rates multiplied by average participation rates for each participant category from USDA WIC Data Tables. Maternal mortality from America's Health Rankings (https://www.americashealthrankings.org/explore/measures/maternal_mortality_c). Infant mortality and preterm birth rate from CDC (https://www.cdc.gov/nchs/pressroom/stats_of_the_states.htm). Obesity outcomes from CDC (<https://www.cdc.gov/obesity/data/obesity-among-WIC-enrolled-young-children>).