# Colorado Texting For Retention Program

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#### Overview

- In 2015, Colorado WIC Program was awarded a WIC minigrant from USDA to implement texting innovations to address barriers to retention for children.
- Primary Research questions were:
- Can appointment reminders in the form of texts reduce missed appointments?
- Can retention be increased by sending text message prompts outlining the benefits of WIC?





#### Overview

Colorado Texting for Retention Program aimed to decrease some of the barriers to child retention specifically:

- Remembering to schedule WIC appointments
- Attending WIC appointments
- Availability of information about the benefits of WIC participation for children over the age of 1



## Methodology

- 15 Colorado WIC clinics (across 20 sites) were selected for participation in the Texting for Retention Program.
- These clinics were chosen based their size as determined by their 2014 caseload, the type of scheduling they use at their clinics, and their level of interest.
- Differences in outcomes were also assessed between clinics using standard and same day/next day scheduling.



## Methodology

- These 15 Colorado WIC Clinics were broken up into 3 groups.
  - Control Group No intervention
  - Basic Innovation Group -Appointment Reminders Only
  - Augmented Innovation Group Appointment Reminders and Targeted Prompts



### Key Measures

Enrollment with benefits: Number of participants enrolled at each participating WIC Clinic who received benefits.

Total appointments: Number and percentage of recertification appointments that were kept

Reinstatements: Number of participants who were reinstated into the Colorado WIC Program

Recertification appointments: Number and percentage of recertification appointments that were kept

Voluntary Terminations: Number of clients who were terminated due to failure to reapply, failure to provide proof, or failure to pick-up their food benefits.





## Implementation

 February 2015 - We sent out implementation instructions to the participating WIC clinics along with promotional materials.

#### Did You Know...

WIC now sends appointment reminders via text or phone message!



If you do not wish to receive a text, please text STOP to 22300.

If you do not wish to receive a text and phone message, please let your WIC Educator know.







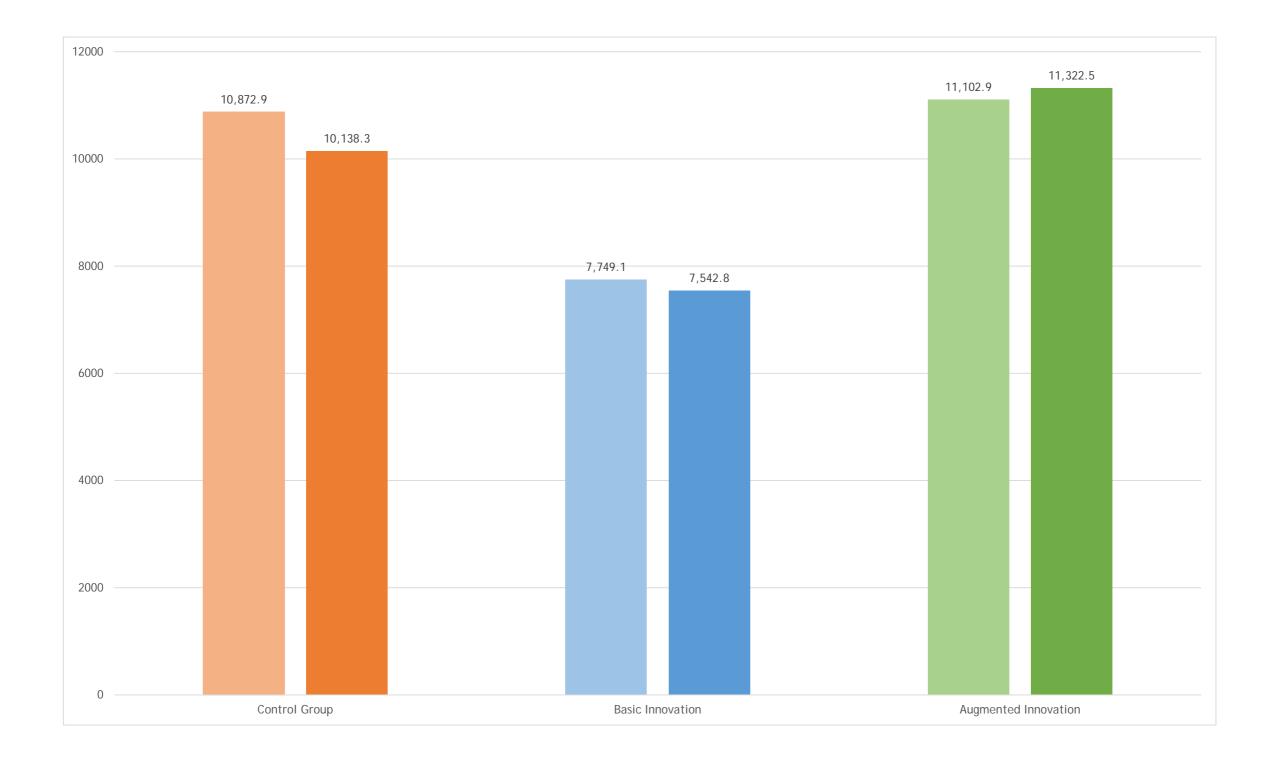
## Implementation

- May 8, 2015 Mass opt-out text was sent to all active participants in the participating WIC Clinics informing them of the new texting program.
- May 18, 2015 Participants started receiving appointment reminders daily via text.
- June 2, 2015 Monthly text messages started for Group #3.
  These included participants due for recertification, voluntary terminated, and those who have not picked up food benefits.





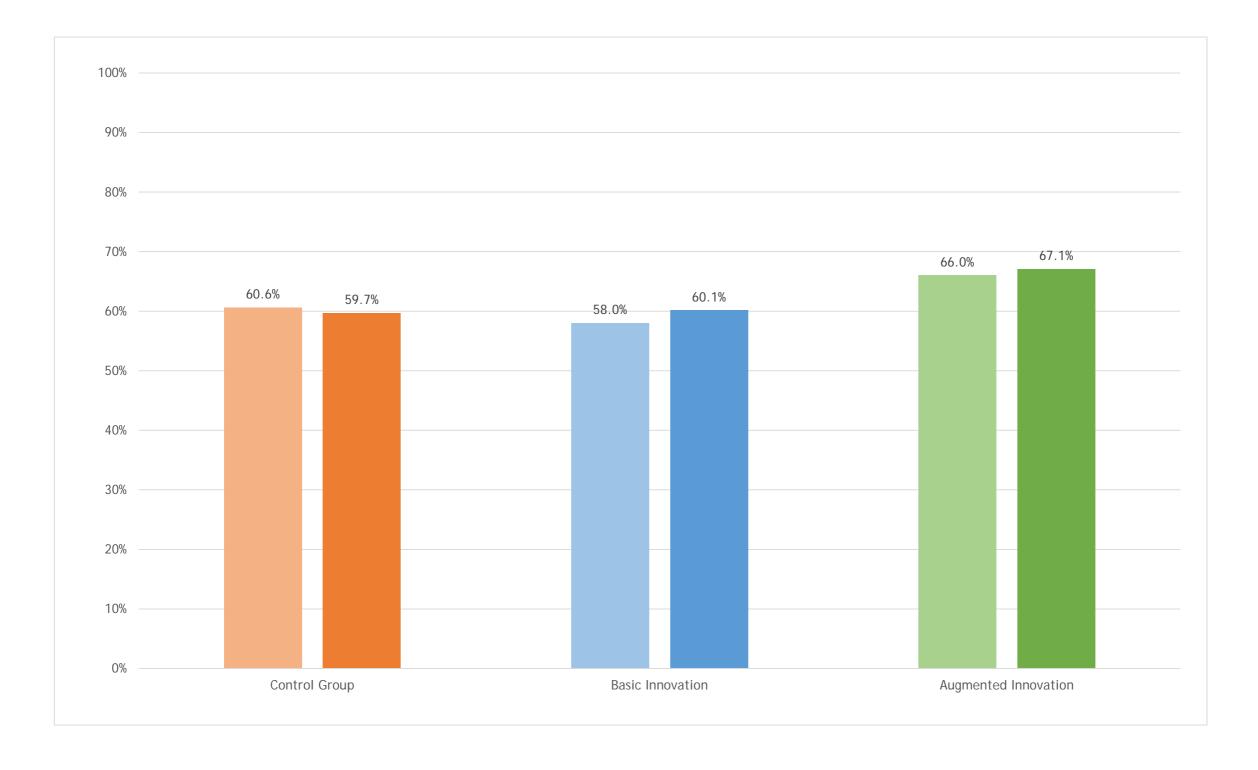
#### Enrollments - Overall







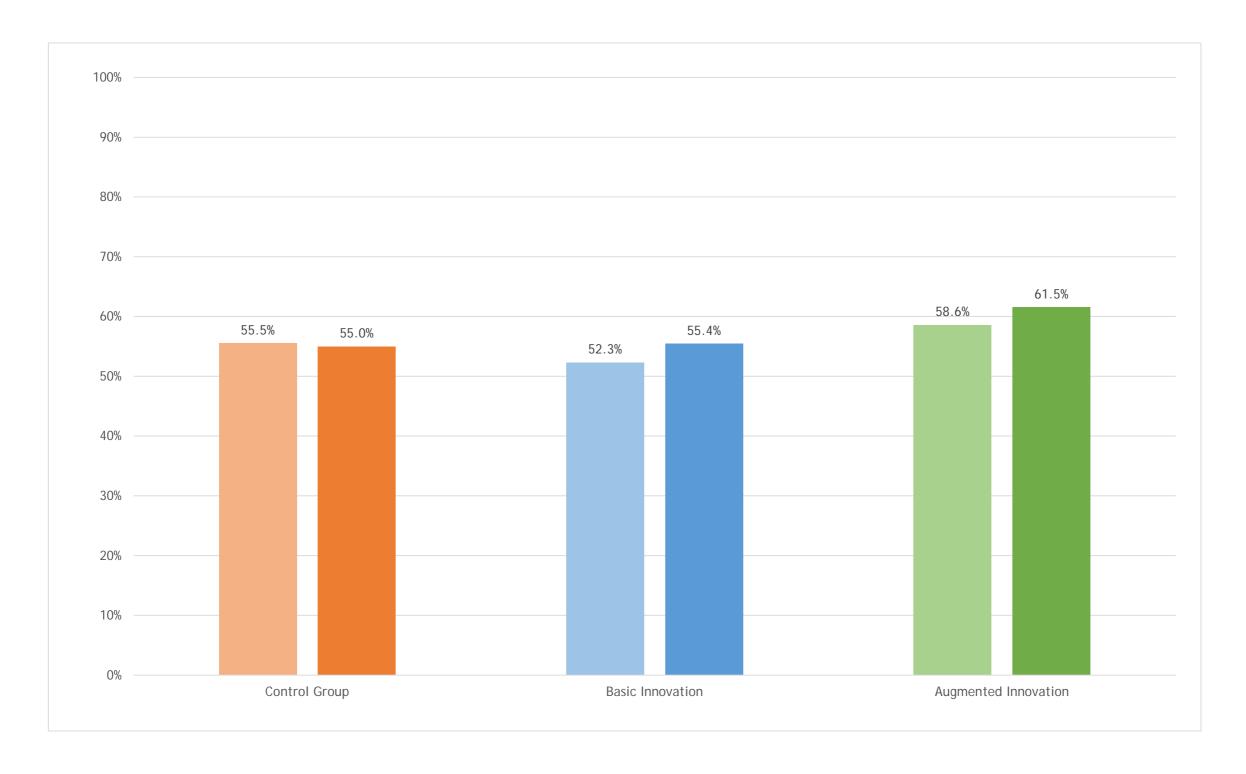
## Appointments Kept - Overall







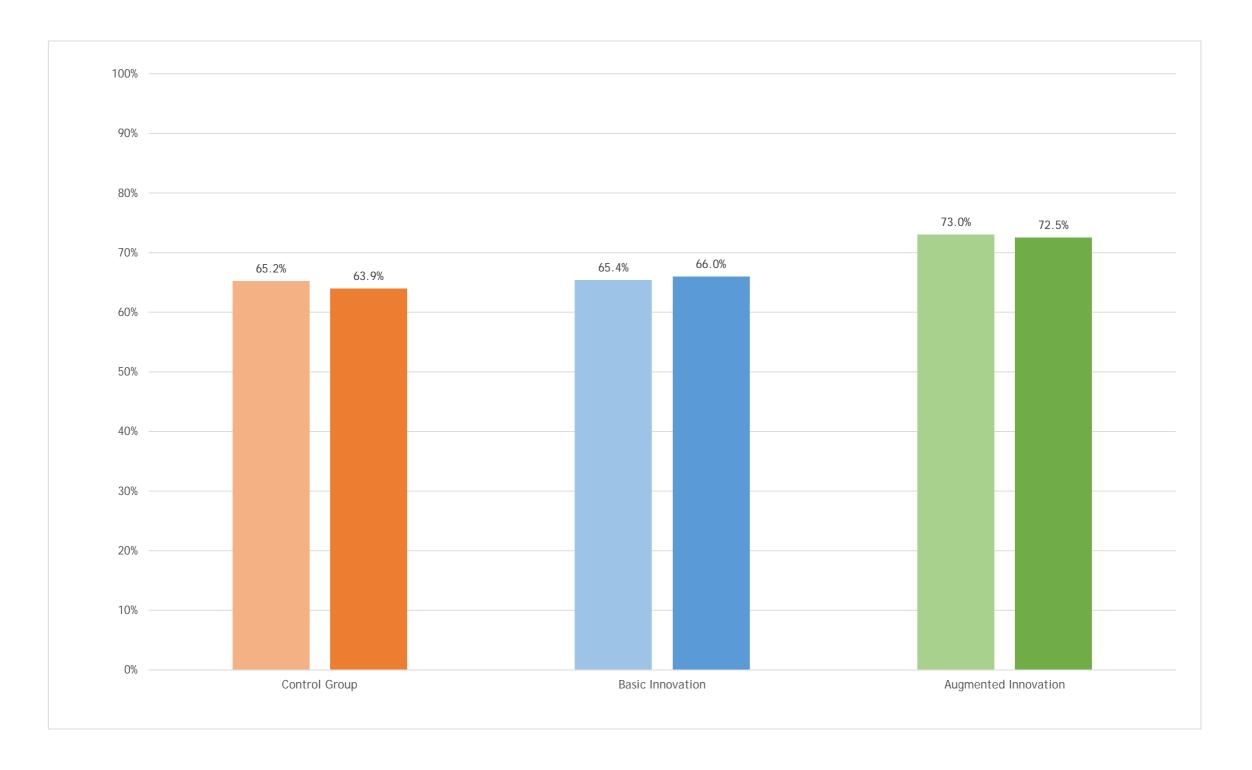
## Appointments Kept - Standard







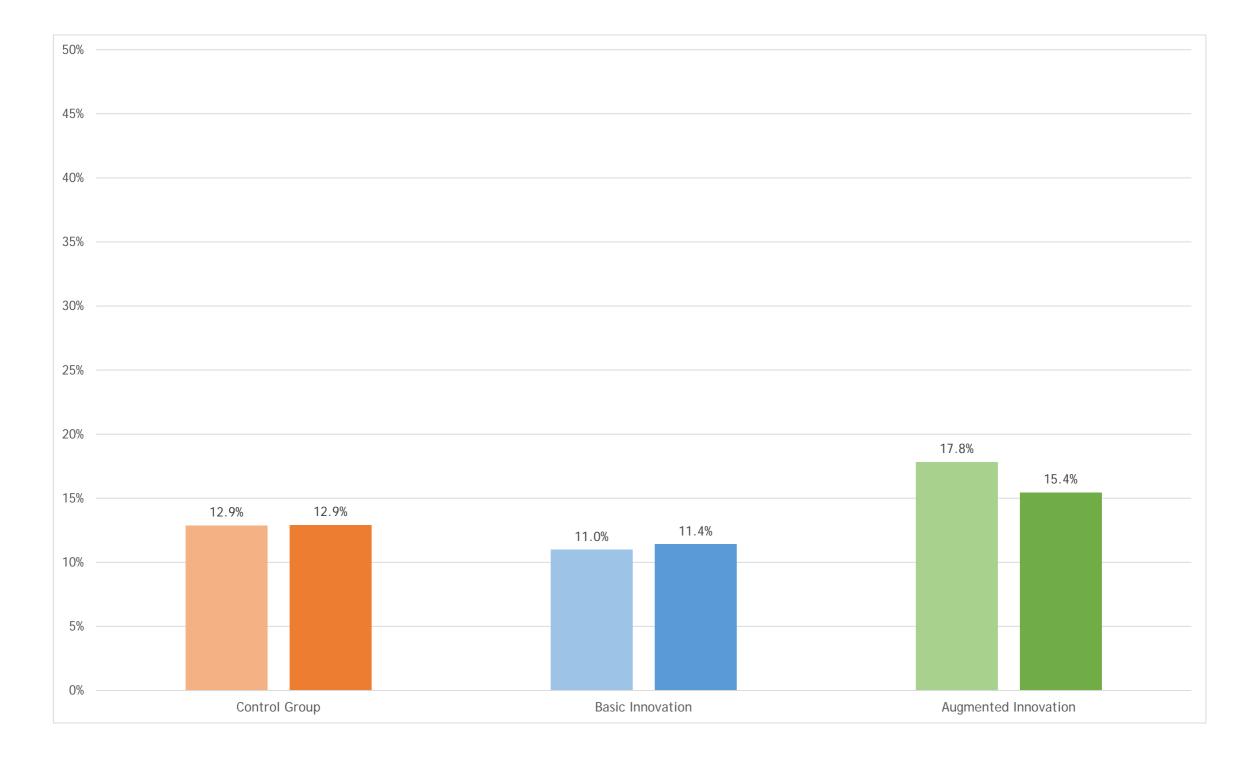
## Appointments Kept - SD/ND







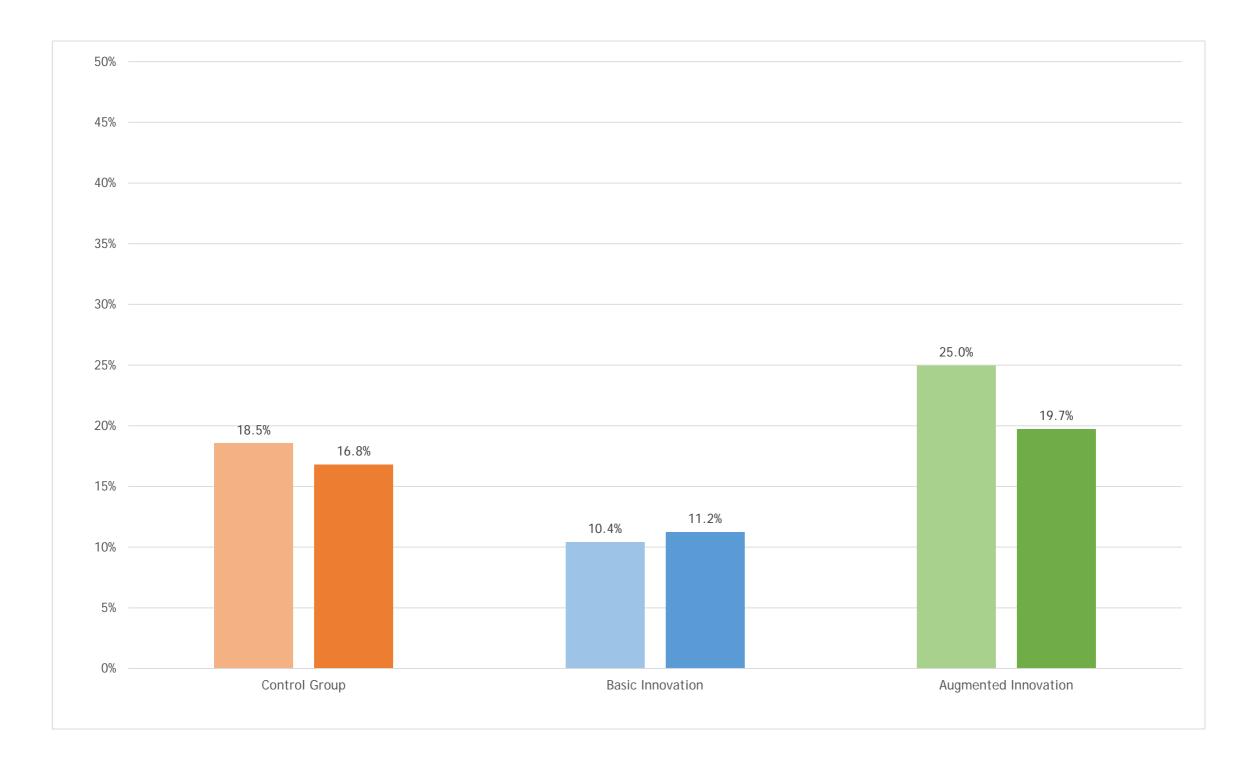
#### Percent of No Show - Overall







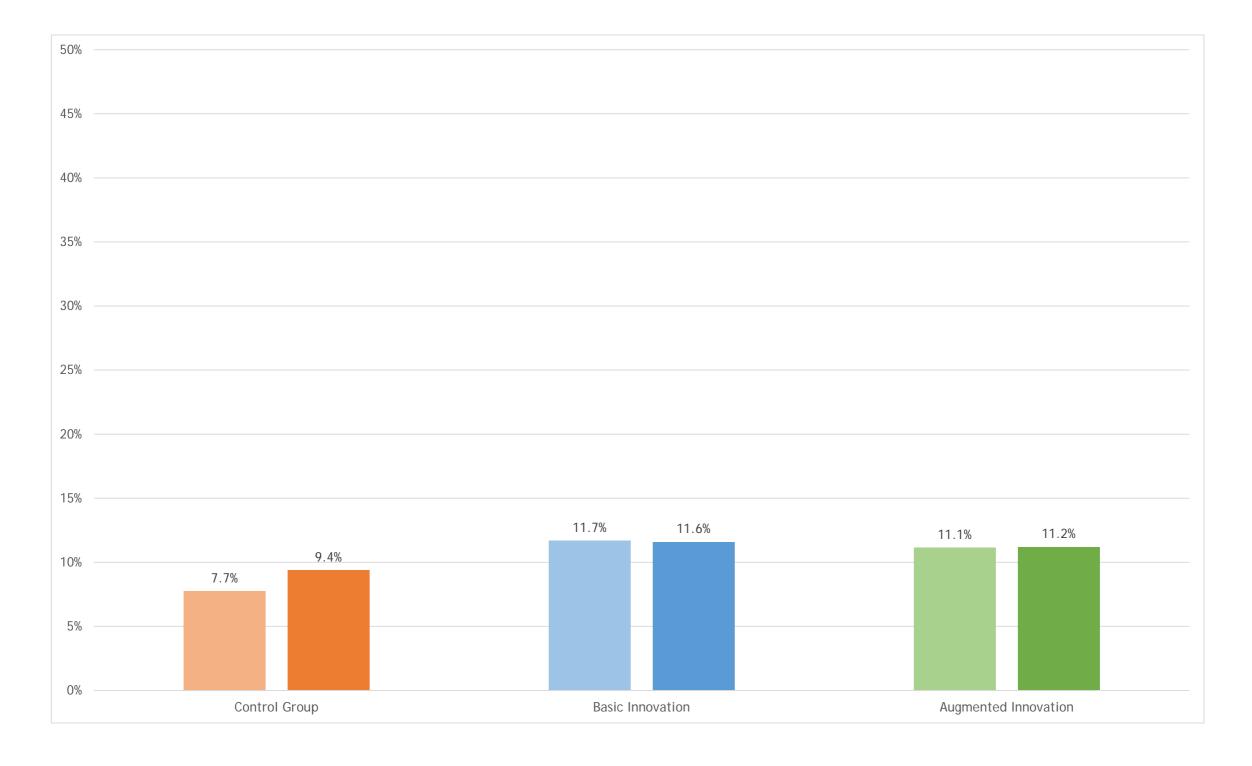
#### Percent of No Show - Standard







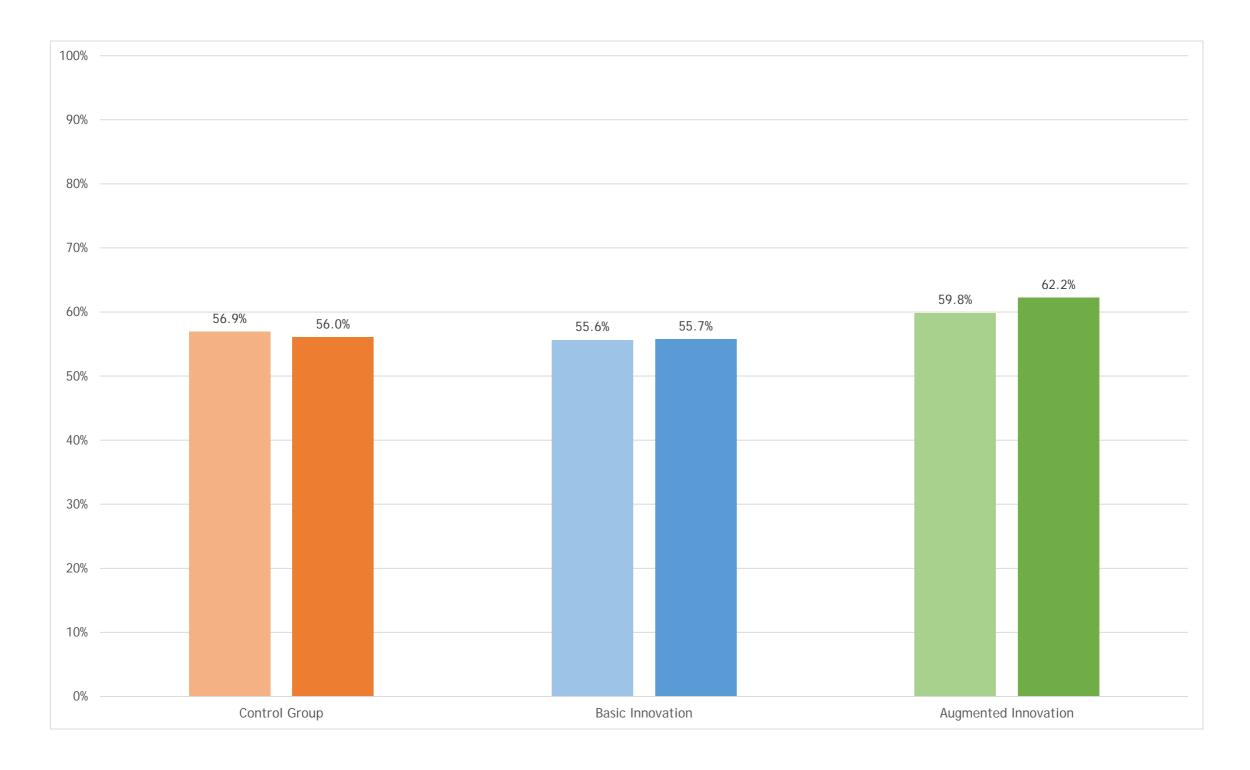
#### Percent of No Show - SD/ND







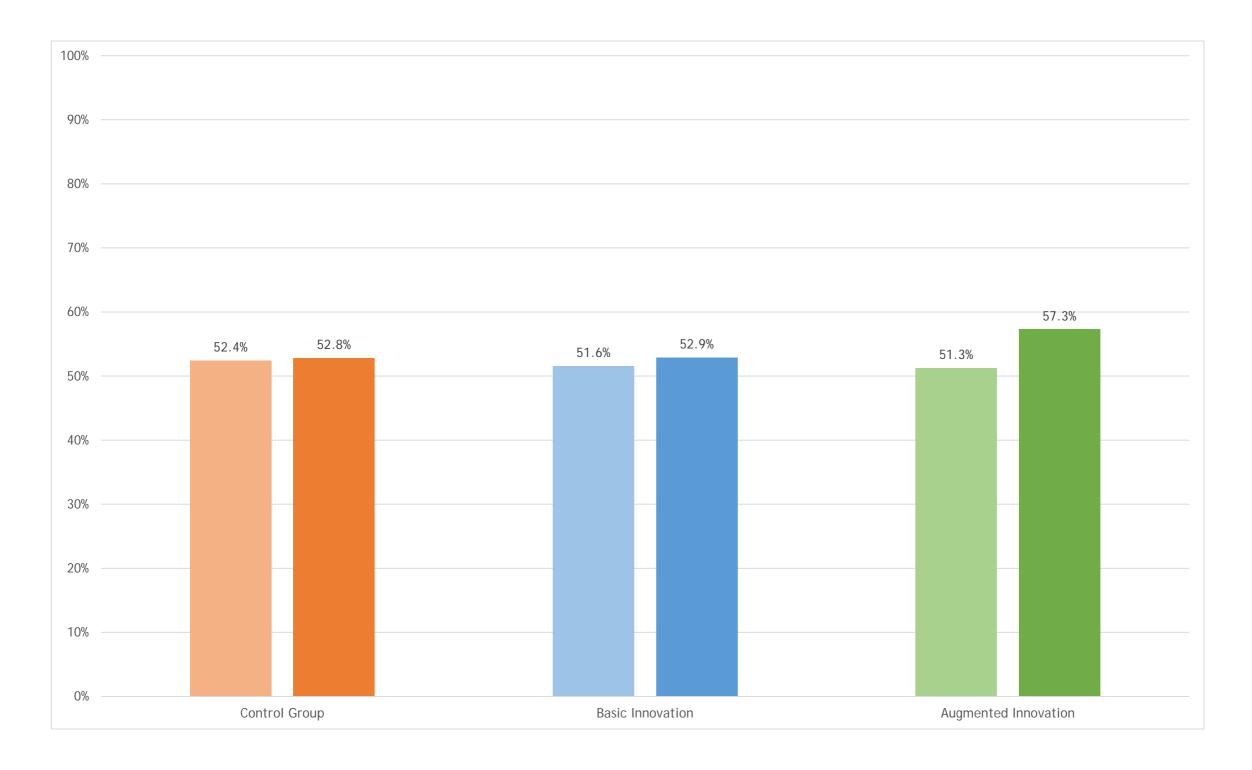
## Recerts Kept - Overall







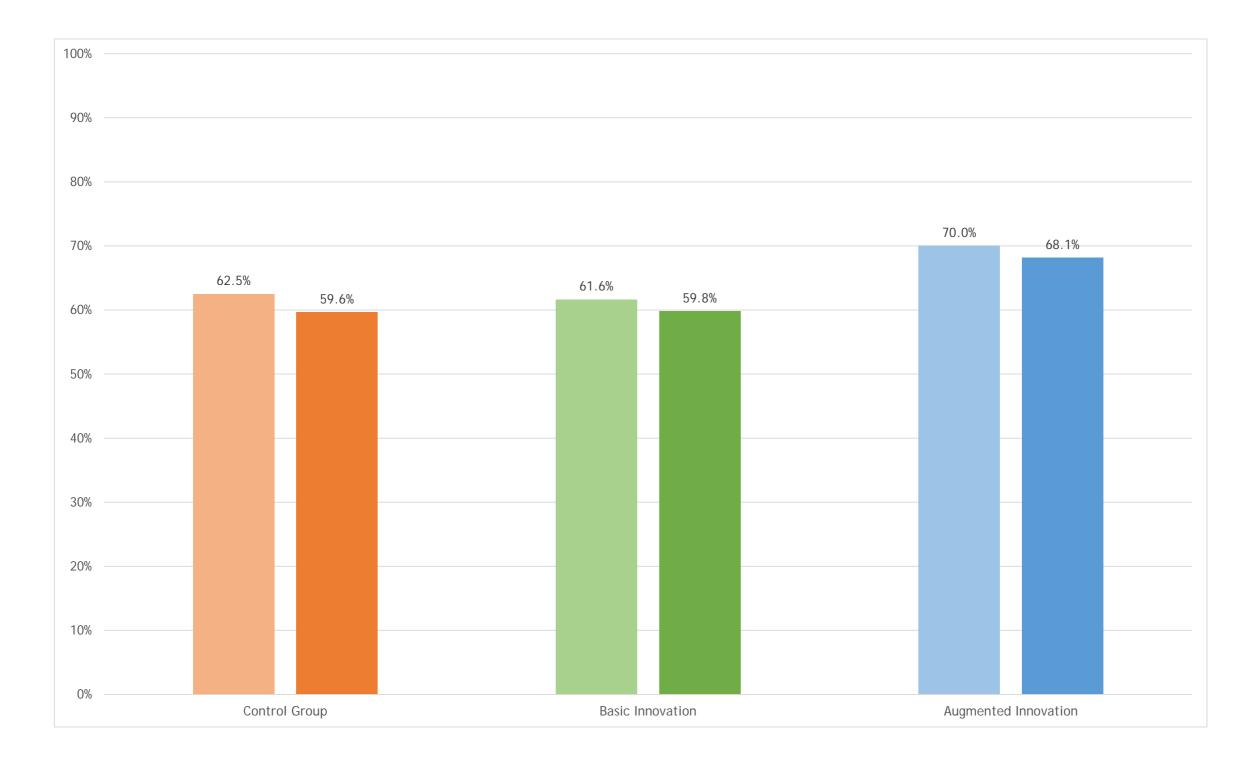
## Recerts Kept - Standard







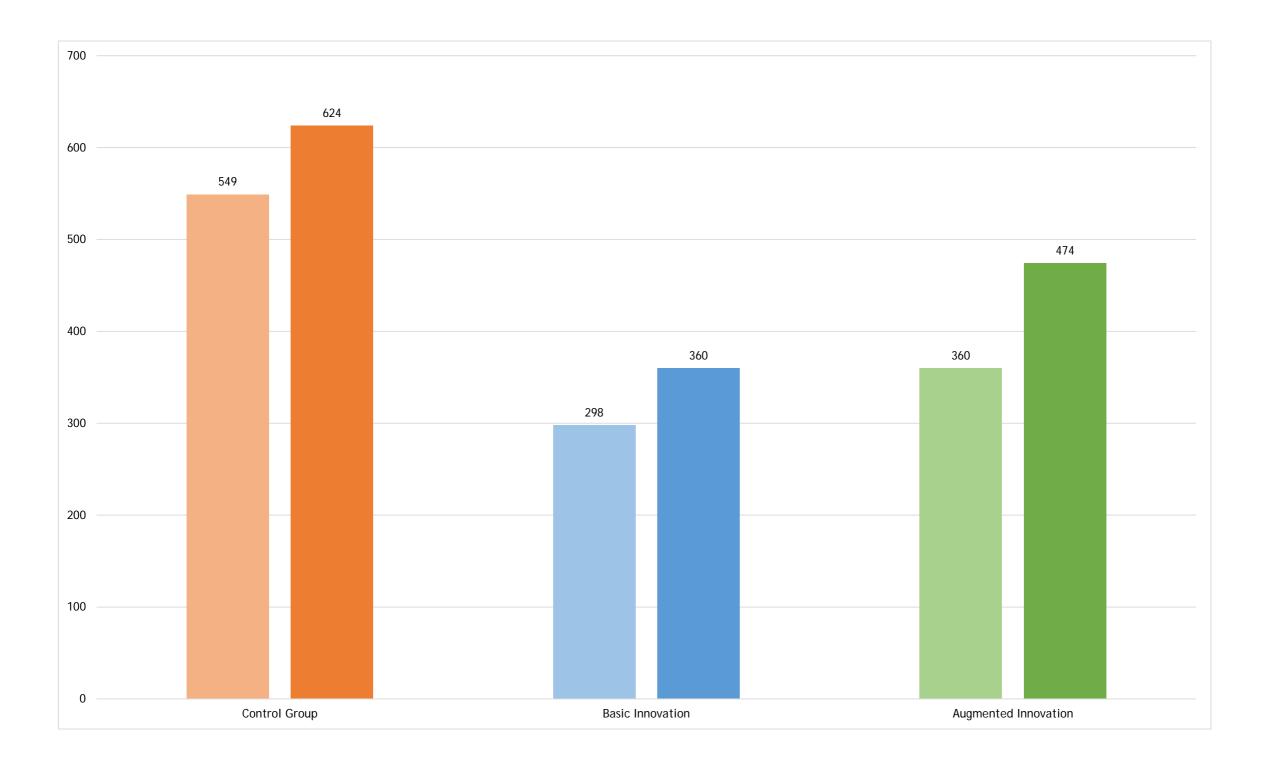
## Recerts Kept - SD/ND





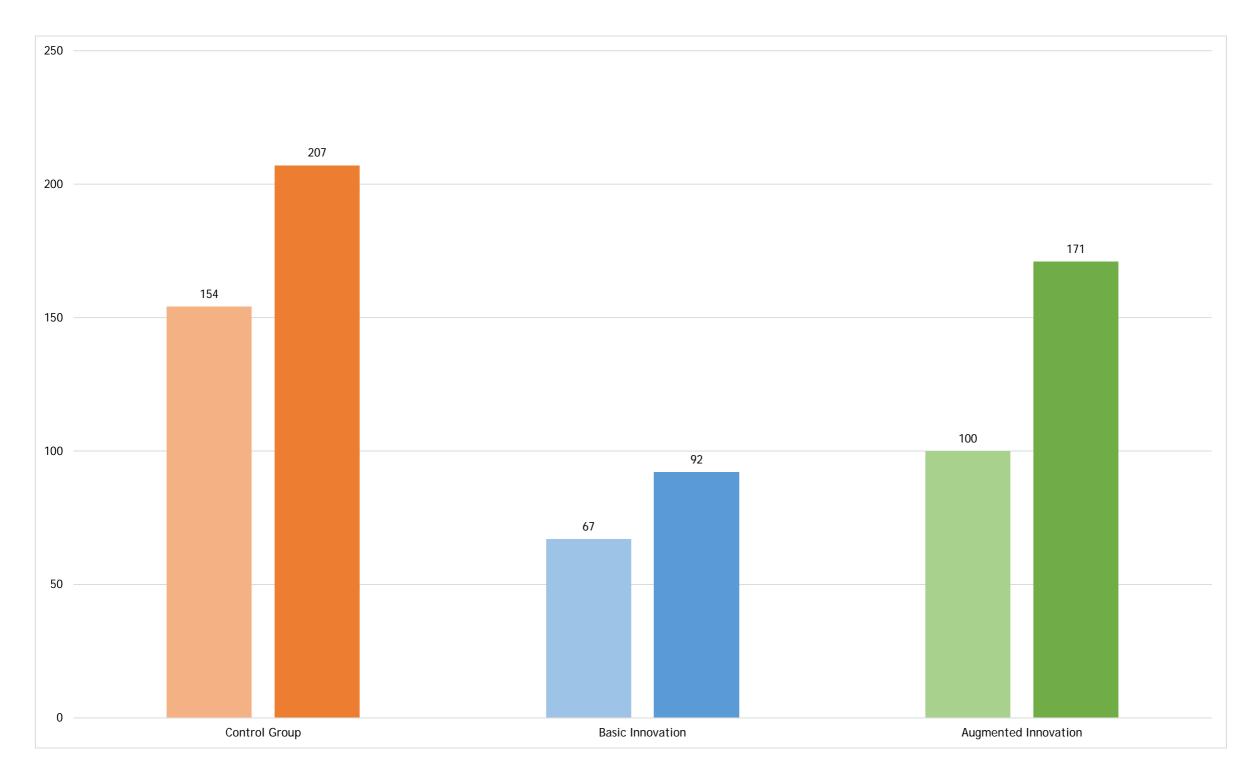


#### Reinstatements - Overall

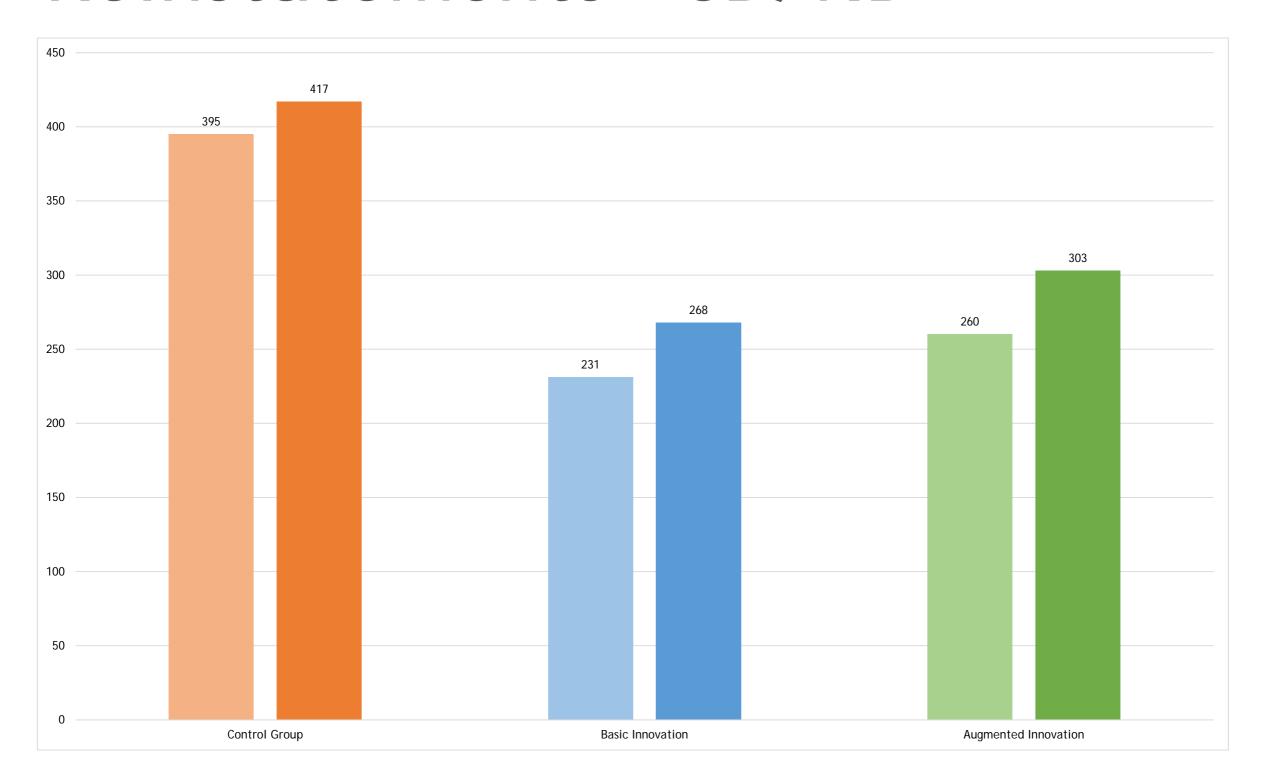




#### Reinstatements - Standard

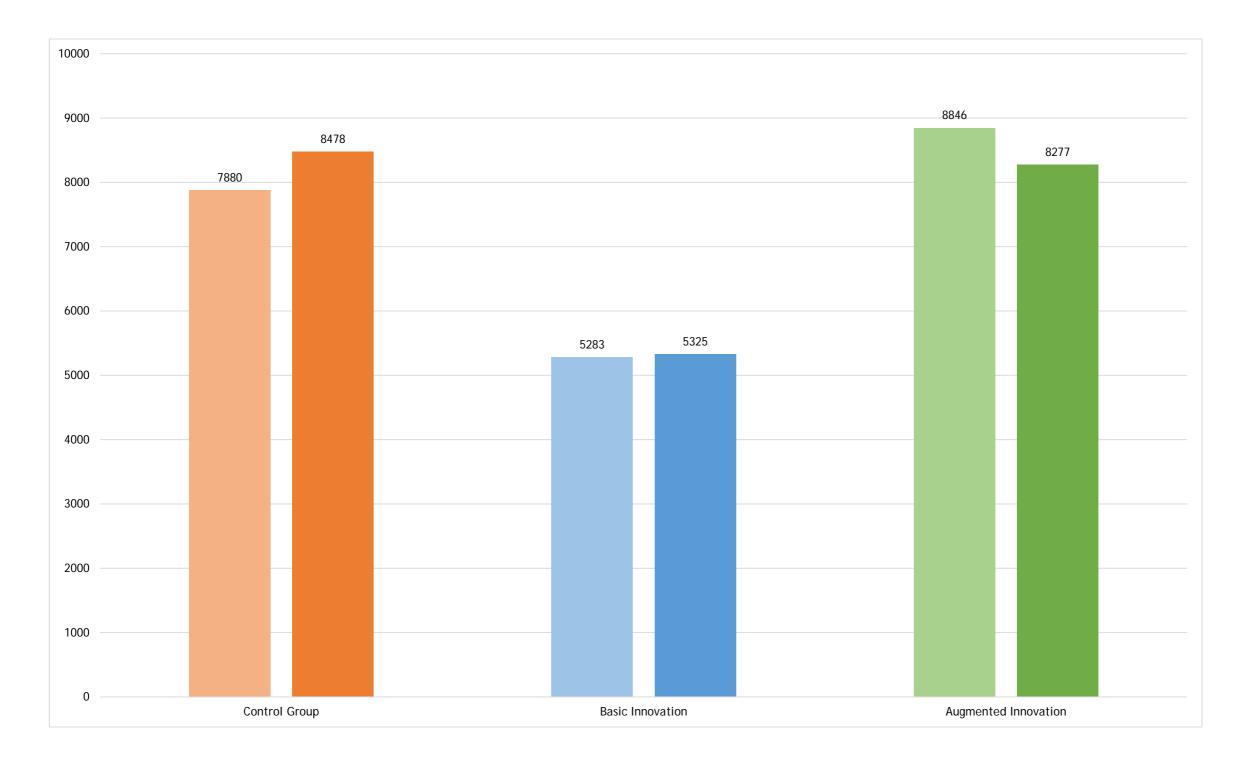


#### Reinstatements - SD/ND



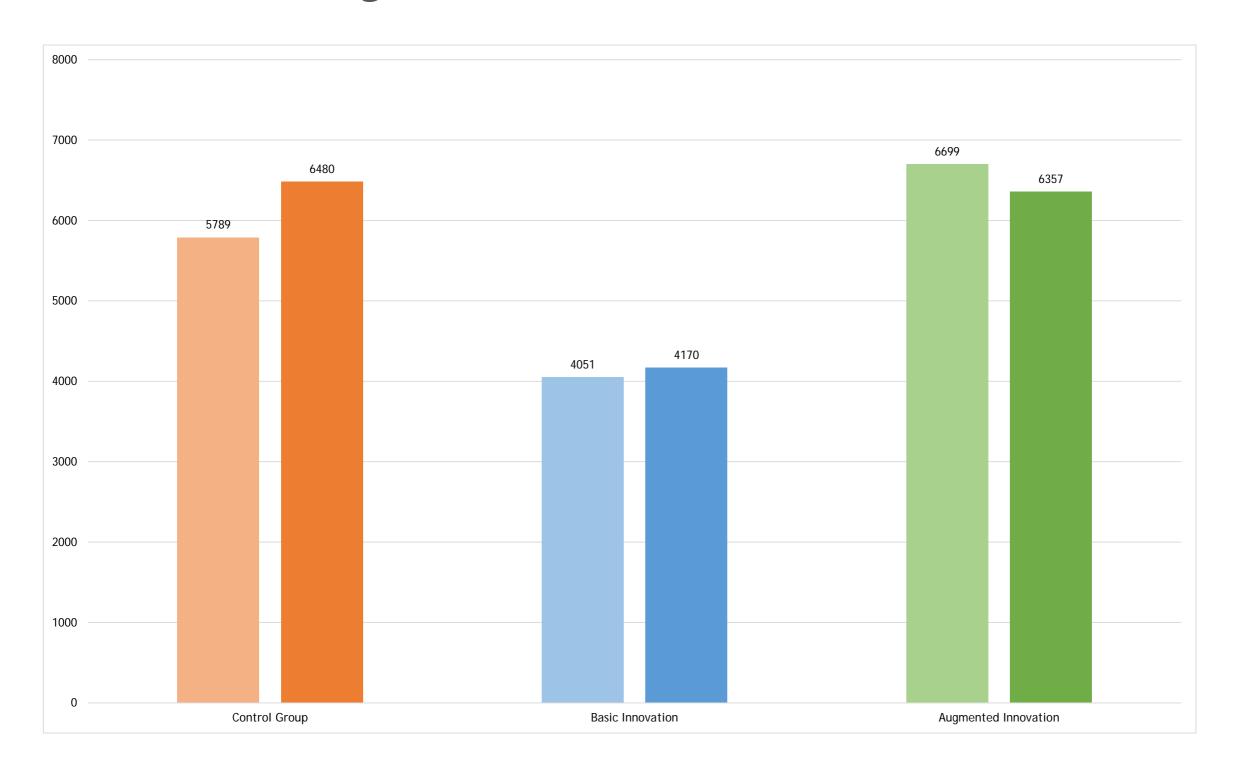


## Voluntary Terminations

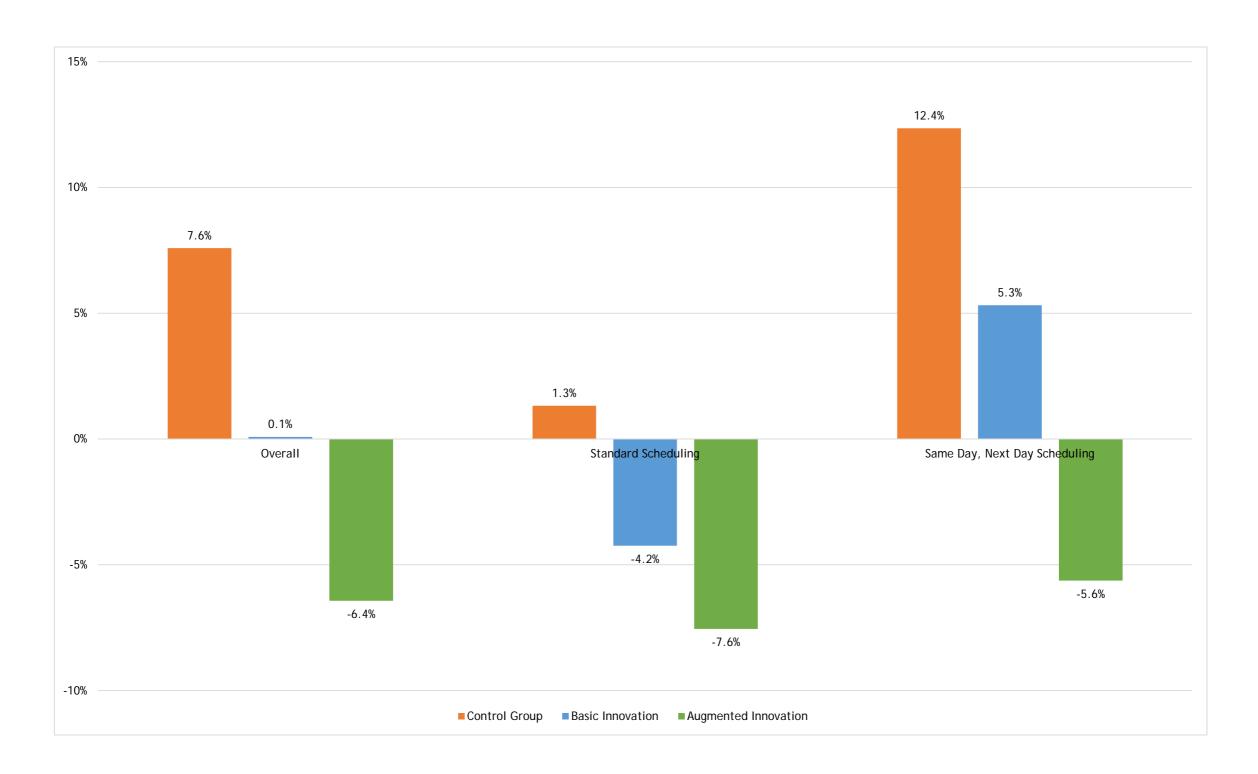




## Voluntary Terminations - Child



#### Voluntary Terminations - Scheduling Type





## Key Insights

- 97% felt that the text/phone appointment reminders should be provided to all Colorado WIC participants.
- 90% agreed that the client feedback they received about the pilot was positive
- 83% felt that the pilot improved the client experience.
- 63% also reported that staff time was freed up due to the texting pilot



## Key Insights

- The largest impact associated with the texting innovations was in the number of reinstatements in the innovation clinics.
- Basic Innovation Group 20.8% increase in reinstatements
- Augmented Innovation Group 31.7% increases in reinstatements

## Questions??

